



お散歩MAP

徒歩 20分

沢田マンション
「土佐のがうディ」と称される、完全手作りの建築職人マンション。Shopあり。月360K! 10~17時見学可。

coinsnack PLAZA
朝食は西日本唯一の「ホットサンド」自販機で! 毎朝地元業者が麺&スープを投入するヌードル系自販機もレア。

アパロンハウス (モーニング)
華牛士丹 (ご飯おいしいスナック)

高知IC↑

読書に最適

日曜社
(コーヒー・モーニング・ランチ)

イオンモール

島津病院

かつおゲストハウス

交通公園

弥右衛門公園

ぽかぽか温泉 (8:00~1:00)

イエローハット
Daiso

桂浜方面→

← 高知IC方面

産業道路

オムライス

まつみ (うどん)

ふうふう (お好み焼き)

くいしんぼ如月 (4キん南蛮弁当)

高知銀行

高知温泉 (13:30~22:00火曜休)

ケーニッヒ (地ビールダイニング)

エースワンスーパー

中比島のバス停

ツルハドラッグ

コンビニにカフェ併設

スシロー

モスバーガー

満天の星

四万十川源流の里・津野町のアンテナショップ。土産、野菜、カフェなど全てがカワイイ♡ 徒歩15分

あおき ☎:088-875-4744
女将が愛する居酒屋。冷凍ではない生のかつおを提供。日本酒の種類も豊富で、つぎ方も豪快。指定食も

金崎火焼ラーメン 千本火
☎:088-823-0007
高知を代表するご当地グルメ。麺以外に、ご飯、ビール、アイスクリンしかない強気な所も高知らしい。昼は行列。

とさてらす

高知駅南口にある高知県の観光インフォメーションセンター。県外の観光客は自転車を無料で借りられるので便利(雨天時はレンタル不可)。my遊バスの乗り場もここ。8時30分~18時

高知アイスカフェ (モーニング)

高知駅

同級生

竹蔵 (居酒屋)

天下味 (火焼肉)

メルベロコーヒー

エースワンスーパー

とさてらす

居酒屋 土佐

金丸 (定食)

和利也 (ダイニング)

鬼田酒造

サンシャイン CREAスーパー

mont-bell

はりまや橋方面 ↓



neighborhood map

places to go, things to do

20min by walk



SAWADA
Sawada Mansion / 沢田マンション
Amateur architects ignored regulation, designed and constructed a 5-story DIY apartment building that currently houses over 100 happy residents in with the unwritten consent of the local government. Visit free.
Hours: 10:00 ~ 17:00



STAR BACKS
SUNNY MART Supermarket

Kochi IC ↑

AEON MALL

15

CV

Park 16

Park

17

Yellow Hat
Daiso

Sushiro
Katsurahama



4

2

1

BUS STOP
Drug store

18

13

19

22

7

14

8

12

24

9

11

10

Harimaya bridge



21 Niko Niko Rent Car / ニコニコレンタカー

The least expensive rental place.
2525yen/12H

22 Ace One Supermarket
Hours: 9:00 ~ 22:00

23 Ace One Supermarket
Hours: 7:30 ~ 23:00

24 Sunshine Supermarket CREA
Hours: 9:00 ~ 22:00

14 Kochi ice cafe / 高知アイスカフェ
There are various kinds of sweets made in Kochi Prefecture. Has breakfast special.
Hours: 7:30-20:30

15 Nichiyosha / 日曜社
Coffee shop, best for reading with a calm atmosphere. Has breakfast special.
Hours: 9:00-17:00/Closed: Tuesdays

16 Koutu Kouen / 交通公園
Transit Park. Fun playground. Try go-karts.
Hours: 9:00-16:30

17 Poka Poka Hot Springs / ぽかぽか温泉
Super sento; public bath, equipped with hot spring bath, sauna and food court.
Hours: 8:00am - 1:00am

18 Takasago Yu / 高砂の湯
Welcome even you got tattoo. Possibility to meet "Yakuza" in bath? Must bring your own towel and soap.
Hours: 13:30 - 22:00/Closed: Tuesdays

19 KoniG / ケーニッヒ
German beer and Kochi beer. Food are also good.
Hours: 18:00-23:00/Closed: Sundays

20 Marutan / マルタン
It has local favorite breakfast.
Hours: 7:30-16:00/ Closed: Friday

1 Coinsnack PLAZA
Equipped with a high-tech vending machine, the place can offer one and only hot sandwiches in west of Japan and noodle.

2 NukuNuku-Bento / ぬくぬく弁当
Delicious take-out food box shop. It's not so expensive, and fresh out of the kitchen!
Hours: 11:00-21:00/Closed: Sundays

4 Omurice / オムライス
Omelet rice specialty restaurant.
Hours: 11:00-15:00, 17:00-20:00/ Closed: Thursday

5 Fou Fou / ふうふう
There are two different type of Okonomiyaki, Hiroshima and Osaka style.
Hours: 17:00-20:30
Closed: Tuesdays, Wednesdays

6 Matsumi / まつみ
The highly rated Udon shop around here.
Hours: 11:00-15:00, 17:00-19:00 OS
Closed: Thursday

7 Kaichi / かいち
Bakery close to the station. French bread; soybean powder cream inside, is quite delicious!
Hours: 9:00-19:00/Closed: Wednesdays

8 Takezo / 竹蔵
Izakaya run by a friend of Katsuo's owner. Try "Tataki"; seared bonito. It's the best.
Hours: 17:00-23:00/Closed: Sundays

9 Aoki / お食事処あおき
Japanese bar restaurant our owner loves! They offer raw bonitos and many kinds of Japanese Sake.
Hours: 17:00-23:00/Closed: Sundays

10 Kida Saketen / 鬼田酒店
Liquor shop. Can be found all kind of Sake here. Regular wines and plum wines are also available.
Hours: 9:00-20:00/Closed: Sundays

11 Rita Shokudo / 利他食堂
A stylish Izakaya, uses locally produced ingredients only.
Hours: 18:00-23:00/Closed: Mondays

12 Tenka Aji / 天下味
Yes! This is the place for best grilled beef in Kochi!
Hours: 11:30-1:00am

13 Chiaki / 鍋焼きラーメン千秋
Very popular pot-ramen place. You may have to wait on que for lunch.
Hours: 11:00-15:00, 18:00-21:00/Closed: Mondays

Tosa Terrace / とさてらす
All information for sightseeing and tourism support in Kochi are available here. Rent a bicycle for free.
Hours: 8:30 ~ 18:00

MY-YU Bus / My 遊バス
This excursion bus starts at JR Kochi station to Katsurahama via Mt. Gozai, going around the tourist attraction such as Harimaya Bridge, Makino Botanical Garden and Katsurahama.
The ticket has an advantage to get a discount on other attraction on the route and unlimited tram Day-ride within 200 yen zone in Kochi city. For overseas tourists half price ticket is available by showing his/her passport.